



THE ART OF GENERAL PRACTICE: CORE CONCEPTS OF A UNIQUE DISCIPLINE

PANEL 1: THE ECOLOGY OF CARE (White's Square)

1000 PEOPLE WITH HEALTH ISSUE

GENERAL PRACTICE

ONLY 1 ENDS UP HERE

UNIVERSITY HOSPITAL

For every 1000 people with a health issue, only 1 ends up in a university hospital.

PANEL 2: TWO MODELS OF ILLNESS:
BIOMEDICAL VS. HOLISTIC

PANEL 3: QUATERNARY PREVENTION:
FIRST, DO NO HARM

UNNECESSARY MEDICAL INTERVENTIONS

OVER-MEDICALIZATION

Actions taken to protect patients from unnecessary or excessive medical interventions and over-medicalization.

PANEL 4: THE HOURGLASS OF MEDICAL DECISION-MAKING

BROAD SYMPTOMS

NEGOTIATED PLAN

The GP's process narrows from broad symptoms to a diagnosis, then widens to a negotiated plan.

PANEL 5: THE DOCTOR AS REMEDY

The doctor-patient relationship itself is the most frequently used "medication" in general practice.